

THE ROLE OF THE FAMILY IN PERSONALITY DEVELOPMENT

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Abstract: Personality development is one of the most important factors in the progress of society. In this process, the family occupies a leading position, as a child acquires their first knowledge, skills, and moral values within the family. For this reason, the role of the family in education and upbringing is considered extremely significant.

Kalit so'zlar: child feels, psychological, social development.

Main body

The Family as the First Social Environment of Upbringing

The family is the first social environment of a child, where moral values, worldview, and patterns of behavior are formed. A child's initial interaction with society occurs through the family.

From the moment a child is born, they observe and internalize the behavior, speech, and attitudes of their parents. Human qualities such as kindness, respect, patience, and honesty are primarily taught within the family. If a healthy and supportive environment prevails in the family, the child feels safe and confident, which positively influences their psychological and social development.

Parents are the child's first educators. Their responsibility in upbringing affects not only the child's current behavior but also their formation as an individual in the future. Open communication, attentive listening, and emotional support from parents strengthen a child's self-confidence. Moreover, when respect and mutual understanding exist within the family, children tend to develop positive attitudes toward others. Conversely, children raised in families characterized by constant conflict, indifference, or violence may develop aggression or low self-esteem.

Parental Responsibility in Child Upbringing

Parental approaches to upbringing play a crucial role in shaping a child's worldview, self-confidence, and attitude toward society. Therefore, parents should always remember that every decision and action they take has a direct impact on their child's development.

Parental responsibility should not be limited solely to control and discipline. Open communication, active listening, understanding, and emotional support are essential components of effective upbringing. Such relationships foster responsibility, independence, and sound decision-making skills in children.

Communication between parents and children is particularly important.



Listening to a child, respecting their opinions, and explaining mistakes rather than punishing them helps build self-confidence. Explanation and personal example are far more effective educational tools than punishment.

Today, some parents limit upbringing to setting strict demands. However, the most powerful form of education for a child is the parents' own lifestyle and behavior. When parents demand adherence to rules that they themselves do not follow, it creates contradictions in the educational process and reduces its effectiveness.

Challenges of Upbringing in Modern Families

In the era of globalization and advanced technology, family upbringing faces new challenges. As society develops, the pace of life accelerates, and parental workload increases. This often leads to reduced time and attention devoted to children.

One of the major problems in modern families is insufficient communication between parents and children. Many parents are busy with work and fail to engage in meaningful conversations with their children. As a result, children may be left alone with their problems and emotions.

Another significant challenge is the excessive influence of technology. Smartphones, tablets, and the internet are increasingly replacing face-to-face communication within families. Children become more immersed in the virtual world and may experience difficulties in real-life social interactions.

Conclusion

In conclusion, the family is the foundation of human upbringing. The development of a well-rounded and responsible individual begins within the family. A strong and healthy family leads to a stable and prosperous society.

